

Seahawks Hold Military Appreciation Day

By MCSN Michael McNabb
Penny Press Staff

The Seattle Seahawks invited active duty military, veterans and American Legion representatives to participate in their Military Appreciation Day pre-game festivities at Qwest Field on Sunday, November 12, as the Hawks squared off against the St. Louis Rams.

Rain poured down relentlessly on the day of the game. That wasn't enough to stop the spirit of those involved with the Seahawks celebration.

The pre-game festivities started when the U.S. Army band came onto the field followed by the joining of representatives from all branches of the military, veterans and members of the American Legion on the 20 yard line of Qwest Field. Their names were announced over the intercom to the roar of thousands of appreciative fans.

When asked about the reaction of the fans, American Legion



Photo by MCSN Justin Blake
Seattle Seahawks cornerback Jimmy Williams meets with members of the United States military before a game between the Seahawks and the St. Louis Rams in Seattle, Washington. The Seahawks and the National Football League helped celebrate Veterans Day with pre-game ceremonies giving tribute to present and past members of the United States military.

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Abe's CO Returns to Hometown for Veteran's Day

By MC1 Mark O'Donald
Special to Penny Press

The scene played out in countless communities throughout the country; Veteran's Day ceremonies honoring military members who have proudly served this great nation.

For Hingham, Mass., the remembrance came full circle. "I am humbled to be speaking today as a part of this service," said Capt. C. Andrew McCawley, Commanding Officer, USS Abraham Lincoln (CVN 72). "It is also humbling to come home and do so at the very building where

I graduated high school before leaving for the Naval Academy."

Capt. McCawley's invitation to address the townsfolk, however, extended beyond him being a native, as the aircraft carrier under his command owes the town homage for its namesake. Descendants of Abraham Lincoln settled in Hingham upon arrival to this country almost two hundred years before the President's birth. Also, Revolutionary War hero General Benjamin Lincoln was born in Hingham and is credited for accepting Cornwallis's sword of surrender at the Battle of Yorktown.

Turn To CO, Page 3



Photo courtesy of Boston Bruins
Capt. C. A. McCawley, Abraham Lincoln's Commanding Officer, drops the puck for the opening face-off at a Boston Bruins hockey game in Boston. McCawley was in Massachusetts to attend a Veteran's Day ceremony in his hometown of Hingham.

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Lincoln Sailors volunteer at Veteran's Home

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At The Movies

Take a Gamble with Bond in Casino Royale

By MC2(SW) Dan Cleary

Penny Press Staff

Hey there, hi there moviegoers. This week's movie is Casino Royale, a new beginning in the James Bond saga.

For anyone who hasn't heard of James Bond, which is really hard to believe, let me lay it down for you. James Bond is a super secret agent working for the M.I.6 branch of the British government under the infamous code name 007.

The story begins with Bond just receiving his "double O" status, which basically means he just became the secret agent we all know and love.

After receiving his promotion, Bond's first assignment as 007 is to hunt down and detain a bomb maker who might be working for international terrorists. Unfortunately, Bond is spotted by the bomb maker and must chase him down before he can reach sanctuary.

Around this part of the movie one of the best action sequences to come out of a Bond movie happens. In the end, Bond is forced to kill the bomb maker, but is able to get information on his next

terrorist act.

The information leads Bond to Le Chief, a big time money launderer for terrorists. Le Chief holds a poker tournament with a 10 million dollar buy-in at the Casino Royale. Because of circumstances that I won't talk about because it will ruin the movie, Bond is put into the tournament. If Bond wins, he'll have Le Chief in M.I.6 custody. If Le Chief wins, Bond will have just given 10 million dollars to a terrorist. Is Bond up for the challenge? Probably, but you'll just have to see for yourself.

Overall this movie was a real treat. In a world where action movies are clones of the last big blockbuster and there's more action than story, Casino Royale breaks the cycle with one of the best Bond stories since Golden Eye and a healthy balance of action and dialogue.

The only beef I had with the movie is that it gets kind of confusing toward the end, so keep your eyes and ears glued to the screen.

A word of caution, this isn't your typical Bond movie. There are almost no fancy gadgets and only a couple unbelievable escapes. This movie brought Bond back to basics with nothing in his arsenal except a gun, his fists, and a razor sharp wit.

Daniel Craig as James Bond delivers enough action and story to earn 4 out of 5 Dano's.



Had a drink? Get a ride!
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Nov. 20, 1917

*USS Kanawha, Noma and Waki-
va sink a German sub off France.*

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Media Dept. LCPO.....	MCCS(SW/AW) Jon Annis
Editor.....	MC1 Jeannette Bowles
Staff.....	MC1(AW/SW) Patrick Sullivan
	MC2(SW) Michael Hart
	MC2(SW) Michael Cook
	MC2(SW) Daniel Cleary
	MC3(AW) M. Jeremie Yoder
	MC3 Jordon Beesley
	MCSN James Evans
	MCSN Michael McNabb

NEWS

Sailors Donate Time and Help to Veterans

By MC3 Patrick Bonafede

Penny Press Staff

Sailors from the USS Abraham Lincoln (CVN-72) participated in a community relations (COMREL) project November 13, 14 and 16 at the Washington State Veterans Home in Port Orchard, Wash. The Veterans facility is undergoing renovation and was in need of help to relocate 112 residents to a new building.

"The two buildings which we are moving people out of are old and experiencing problems, such as roof leaks," said Barbara Colley, who is in charge of the move. "We are going to tear down the two buildings and use that area to create a park."

"We moved 20 residents on Monday, 40 on Tuesday, and 52 today (Thursday)" Colley said. "More than seven commands from the Puget Sound area are helping out in the move. We couldn't have done this move without all this help."

Sailors from the Lincoln assisted in the relocation doing an assortment of things. Sailors helped gather and box belongings to be transported to the new building. Once everything was moved from one room to the next they then helped by unpacking and organizing the veterans' new rooms. Other volunteers were tasked with moving beds or making sure the new rooms were clean.

"When I found out they were veterans I wanted to volunteer so I could give back to those who served before us," said LNI Lourdie Powell. "Put yourself in their shoes, you would want the same treatment."

Powell said the veterans all had smiles on their faces and seemed to really appreciate all the hard work and help.



Photo by MC3 Patrick Bonafede

AN Jacinto Espinoza from V-2 Dept. (right) helps Carl Fiosche (left), a resident at the Washington State Veterans Home in Port Orchard, Wash. move his belongings to a new building. The facility is currently undergoing renovation and Lincoln Sailors volunteered to help move the residents.

"We are here to show them that the young generation is here to take care of them," Powell said.

Powell encourages more Sailors to come out and be part of future COMREL projects because of the sense of pride and accomplishment they will feel at the end of the day.

"It is nice to get away from work every once and a while and see that you are making a difference in other peoples' lives," Powell said.

CO

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While in the area for Veterans Day, McCawley attended a presentation for the elderly, a wreath-laying at an Abraham Lincoln statue and a live interview for a local radio station. He also had the honor of dropping the puck for the opening face-off at a Boston Bruins ice hockey game in Boston.

McCawley's visit culminated at his hometown ceremony as keynote speaker. "This is a very special day," McCawley said, "One where we honor those who have given to realize and sustain the dream that is America."

Navy, Army, Marine Corps and Air Force veterans of World War Two, the Korean

War, the Vietnam War, the Gulf War and the Global War on Terrorism joined McCawley at the observance.

"It has been my privilege for the last 20 months to witness the service and sacrifice of the young Americans that crew and animate the USS Abraham Lincoln. The young Sailors and veterans bring the ship to life," he said.

Before laying a wreath at the base of the town's Veterans Memorial, McCawley said, "Just as we thank veterans for the battles they have fought, we should also thank them for the peace they have maintained. We have all received a generous gift from our veterans and we live this gift every day."

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NEWS

NKO Offers Online Community for Navy Families

By Naval Education and Training Command

Special to the Penny Press

The Navy is making available to spouses and families a Navy Knowledge Online Web portal similar to those used by Sailors for sharing information and resources.

Through the new Family Community of Practice, family members will find information on everything from education to child care to housing. They can start and follow discussion threads and even use an instant messenger program to chat directly with members of their community, deployed family members or anyone with a NKO account.

"We felt it would be helpful to gather the basic information into one place," said Kip Route, a Chief of Naval Operations Ombudsmen-at-large, who worked with the staffs at NKO and FamilyLine to bring the portal to life. "We are trying to contribute to what the CNO refers to as 'continuous readiness. When families are prepared, Sailors can deploy around the world with a clear mind.'"

Since its founding, NKO has given Sailors the opportunity to connect with others in their specific fields. These Communities of Practice (COP) offer career-targeted links, making it easier for Sailors to get the information they need faster, without wading through the vast amount of information available throughout NKO.

Because families also have access to the Navy's portal, officials felt putting it all together there made sense. And the effort required an extraordinary level of teamwork between Navy Ombudsmen, FamilyLine and Navy Knowledge Online.

"Everyone saw the need and everyone pitched in to deliver to our Navy families a dynamic resource -- right at their fingertips -- for the information and assistance they will need to stay continuously ready," said Deborah Mullen, wife of Chief of Naval Operations Adm. Mike Mullen, who assisted the effort. "As Navy life changes, so, too, will the Community of Practice. And that's probably the best part of all."

Creating the portal was not difficult, according to NKO Program Manager Peg David. "Teamwork is what made this happen so quickly," she said. "Hopefully, family members will find information worth their while, and communicate with other family members using the Chat or Threaded Discussions features."

Even though the Family Community of Practice offers instant access to a wealth of information via the Internet, Route says the portal could never replace local command ombudsmen. "Ombudsmen are the critical communication links between family members and the command—the site even says that everyone should know their ombudsman. Additionally, ombudsmen strive to make sure spouses in a command know the resources available to them. This site is one of those great resources."

To get to the Family Community of Practice on NKO, after signing in, click the "public communities and learning centers" link on the left of your home page. At the next prompt, type "family" into the search box marked "find a community page" and click enter. Next, click on the "Family Support" add link. This will add Family Support to your communities, and will show up each time you log in to NKO. Once in the community, you can read and navigate through the introduction, checklists, discussions, feedback and other available areas.

DAY

Continued From Page 1

Representative Jim Broe said he was "thrilled, amazed and encouraged" that people would care so much.

After the singing of the National Anthem the group was led off the field and presented tickets to watch the day's game.

After the game, the representatives were given a bit of a surprise when Seattle Seahawks cornerback Jimmy Williams came over to shake hands and speak to everyone individually.

"He was like another regular guy," said Abraham Lincoln sailor YN3 Frank Mrak.

Mrak, who was chosen by the Lincoln to represent the Navy as well as the ship, said he thinks it was a "great idea for all services to get together to see the other side of things and enjoy and relax together in a common place of fun like a football game."

The day was extra special for Mrak because he, along with the rest of the Lincoln Sailors, recently returned from a six month deployment.

"It feels good to be appreciated," Mrak said.

Perhaps the most moving part of the ceremony was when the Seahawks recognized one of their own- Former Army Air Corps Captain and Squadron Commander George Hickman, who served during World War 2, received, by far, the loudest ovation.

"The applause was nice," Hickman said, "but I really just think about all of those friends that I lost that aren't able to be here to hear the cheers. I pray for all those who have fallen and their families."

To cap off the day, the Seahawks made it even more memorable by beating the Rams 24-22 by kicking a game-winning field goal



Photo by MCSN Justin Blake

Seattle Seahawks team mascot "Blitz" meets with members of Veterans of Foreign Wars (VFW) before a game between the Seahawks and the St. Louis Rams. The Seahawks and the National Football League helped celebrate Veterans Day with pregame ceremonies giving tribute to present and past members of the United States of military.

with seconds remaining in a heart-pounding, back-and-forth game.

MWR

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Final Words



Shipmates

The strength of a warship lies in the hearts and hands of its crew.



Photo By MC3 Brett Morton

FCCS(SW/AW) Russell Armstrong (left) congratulates ET2 Alvero RamirezParra (right) who won the first place prize of \$200 in the Combined Federal Campaign's raffle drawing held Thursday, November 16. RamirezParra also took home the third place prize of \$50. The raffle topped off a successful campaign drive in which Abraham Lincoln Sailors donated over \$80,000 to the Combined Federal Campaign.

Editor's Top 10

Possible signs of the apocalypse...

10. Mel Gibson's new movie on the Mayan civilization shatters box office records.
9. TNT fails to show "It's a Wonderful Life" this Christmas.
8. Brooke Hogan wins a Grammy.
7. Congress vetoes the annual White House Christmas Tree Lighting ceremony.
6. Wal-mart employees have Thanksgiving off.
5. A penguin with "happy feet" beat out James Bond at the box office.
4. There are no Thanksgiving leftovers this year.
3. Santa Claus goes on strike.
2. The Penny Press goes out of production.
1. The Miami Dolphins win two games in a row.



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